**Medical Re-Evaluation**

Patient Name: Test Test

Dt. of Exam: 07/19/2019

1st Exam Dt.: 07/17/2019

Notes^ Patient is here for a followup. Medications were reviewed.

**Chief Complaint:**

The patient complains of neck pain.

**REVIEW OF SYSTEMS:**  The patient denies seizures, chest pain, shortness of breath, jaw pain, abdominal pain, fevers, night sweats, diarrhea, bowel/bladder incontinence, double vision, hearing loss, recent weight loss, episodic lightheadedness and rashes.

**PAST MEDICAL HISTORY:**  Noncontributory.

**PAST SURGICAL / HOSPITALIZATION HISTORY:**  Noncontributory.

**MEDICATIONS:**  None.

**ALLERGIES:**  No known drug allergies.

**Physical Examination:**

**Neurological Exam:** Patient is alert and cooperative and responding appropriately. Cranial nerves II-XII grossly intact.

**Deep Tendon Reflexes:** Are 2+ and equal with the exception of left triceps /2.

**Sensory Examination:** Is checked by light touch. It is intact with the following exceptions of hypoesthesia at right lateral arm (C5), hypoesthesia at left lateral arm (C5), hypoesthesia at left lateral forearm, thumb and index (C6).

**Manual Muscle Strength Testing:** Testing is 5/5 normal with the exception of left shoulder abduction 4/5.

**Cervical Spine exam:** Cervical spine examination reveals tenderness upon palpation at C2-C7 levels bilaterally. The Spurling's test is positive. The Cervical Distraction test is positive. There are palpable taut bands / trigger points at bilateral levator scapulae, bilateral trapezius and bilateral posterior scalenes.

**GAIT:** Normal.

**Diagnostic Studies:**

7/15/2019 - MRI of the Cervical spine reveals bulge at left C4-5,

7/15/2019 - UE NCV/EMG is normal.

7/15/2019 - X-rays of the cervical, thoraci, and lumbar spine show.....

The above diagnostic studies were reviewed.

**Diagnosis:**

Cervical disc bulge at left C4-5,.

**Plan:**

Procedure - Bilateral cervical trigger point injection under ultrasound guidance:

**Medications:**

Ibuprofen 600 mg PO q.8 hours x 10 days

Oxycodone 30 mg one tab bid prn, dispense #60



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